

# Advancing Integrated Behavioral Health and Primary Care: Persistent Challenges and Potential Solutions

May 20th, 2021 1:30-4pm ET

## Participant Bios



### Carol Alter, MD

*System Leader, Behavioral Health*  
Baylor Scott & White Health

Dr. Alter oversees behavioral health and physical health integration at Baylor Scott & White Health and also consults with multiple national and regional health organizations on integration. For the past year Dr. Alter has been leading efforts at Baylor Scott and White to implement the Collaborative Care model in close to 200 primary care clinics, which will reach over 2 million primary care patients cared for in the system. She also serves as a Senior Fellow for Medical Integration at the Meadows Mental Health Policy Institute. This work is focusing on the broader implementation of Collaborative Care across the State of Texas. Dr. Alter also served as Chief Medical Officer at Mindoula Health, the first national provider of technology-enabled CoCM. Dr. Alter led efforts to develop the platform, clinical training and processes that led to successful implementation in several large health systems and aggregated practice networks. As well, she led efforts at Georgetown University to implement a CoCM program in safety net clinics. She partnered with the University of Washington-based AIMS Center, the American Psychiatric Association (where she chairs the Council on Quality Care) and the Kennedy Forum to facilitate reimbursement for CoCM. She is the author of numerous peer-reviewed manuscripts, monographs and book chapters related to value-based psychiatric care. In June, Dr. Alter will be joining the University of Texas, Dell Medical School, as Associate Chair for Clinical Integration, Department of Psychiatry.



### Nora Dennis, MD, MSPH

*Lead Medical Director, Behavioral Health*  
Blue Cross and Blue Shield of North Carolina

Dr. Nora Dennis is a board-certified psychiatrist and addiction medicine specialist and Lead Medical Director for Behavioral Health at Blue Cross and Blue Shield of North Carolina, where she is responsible for leading strategic and operational excellence for the behavioral health team with a focus on value-based care and alternative payment models. Prior to joining the team at Blue Cross NC, Dr. Dennis served as Chief Medical Officer for Monarch, one of the largest behavioral health providers in North Carolina. Dr. Dennis attended medical school and residency at Duke University, and received her MSPH from UNC Chapel Hill's Gillings School of Public Health. Dr. Dennis continues to serve as an adjunct assistant professor in the Duke University Department of Psychiatry and Behavioral Sciences.



**Ann Greiner, MCP**  
*President and Chief Executive Officer*  
*Primary Care Collaborative*

Ann Greiner serves as President & Chief Executive Officer of the Primary Care Collaborative. She is responsible for leading the overall organizational strategy and fostering strategic partnerships throughout the health care sector nationally. At a critical time in U.S. health policy, Ann directs the PCC's policy agenda, working across a diverse stakeholder group of more than 60 executive member organizations to advance an effective and efficient health care system built on a strong foundation of primary care and the patient-centered medical home (PCMH). The PCC's membership includes a broad group of public and private organizations, including payers, providers, non-profits and leading corporations. Working with this membership and the PCC Board, Ann is focused on defining and implementing an advocacy, research and education agenda that furthers comprehensive, team-based and patient-centered primary care. Ann has dedicated her entire career to advancing the quality of U.S. health and health care. She has more than 25 years of experience, including senior-level positions at prestigious national not-for-profit organizations. Prior to leading the PCC, she served as Vice President of Public Affairs for the National Quality Forum where she increased the visibility and influence of NQF on Capitol Hill. Before working at NQF, Ann held high-profile policy, research, and public affairs roles at the American Board of Internal Medicine, the National Academy of Medicine and the National Committee for Quality Assurance (NCQA).



**Lindsay Henderson, PsyD**  
*Director of Psychological Services*  
*Amwell*

Dr. Lindsay Henderson is a clinical psychologist and Director of Psychological Services for Amwell. Prior to joining Amwell as a provider in 2015, Dr. Henderson was a staff psychologist at McLean Hospital in the Boston area and a clinical instructor in psychiatry at Harvard Medical School, where she specialized in working with adolescents and their families. As the director of Amwell's therapy program, Dr. Henderson focuses on fostering connection, learning, training, and professional development for thousands of therapists across the nation. Her work also involves developing treatment programs to address specific clinical populations served by Amwell, and she serves as a behavioral health subject matter expert supporting sales, account management, marketing, communications, and human resources.



**Joshua Israel, MD**  
*Medical Director of Behavioral Health*  
*Aledade, Inc*

Dr. Joshua Israel is a psychiatrist and Medical Director of Behavioral Health at Aledade, Inc. He completed his psychiatric training at Massachusetts General Hospital and prior to joining Aledade he was a clinical professor of psychiatry at the University of California, San Francisco, and the director of inpatient and emergency psychiatry at the San Francisco VA Medical Center.



## **Katherine Knutson, MD, MPH**

*Senior Vice President; CEO, Optum Behavioral Care  
United Health Group*

Dr. Katherine Hobbs Knutson is a Senior Vice President at United Health Group and CEO of Optum Behavioral Care. She is an adult and child psychiatrist and adjunct Assistant Professor at the Duke University School of Medicine. Through Optum Behavioral Care, Katherine is redesigning behavioral health care delivery, creating a scalable model to improve efficiency, quality, and access. Prior to Optum, Katherine was the Chief of Behavioral Health at Blue Cross North Carolina, and drove value transformation through integrated care, quality improvement, and development of alternative payment models for behavioral health. At Duke Health, she practices in integrated care settings treating individuals with serious mental illness and substance use disorders. Katherine was the Chief Medical Officer at Alliance Behavioral Healthcare (2017-18), Director of Community Psychiatry at the Children's National Health System (2014-15), and Associate Medical Director for Psychiatry for the Massachusetts Medicaid program (2013-14). She has conducted health services research on psychiatry telephone consultation programs, behavioral health predictive modeling, and care management interventions that incorporate peer and family support.



## **Virna Little, PsyD, LCSW-r, SAP, CCM**

*Co-Founder and Chief Operating Officer  
Concert Health*

Dr. Virna Little, LCSW-r, SAP, CCM is an internationally recognized consultant and speaker for her work integrating primary care and behavioral health, developing sustainable integrated delivery systems and suicide prevention. Dr. Little is the Chief Operating Officer and Co-founder of Concert Health, a national organization providing behavioral health services to primary care providers. Prior to this role, Dr. Little worked for New York City leading the Center for Innovation in Mental Health and a strategic planner for New York City Department of Health. For the 22 years prior to that role, Ms. Little served as a Senior Vice President for a large FQHC network in New York, overseeing over 300 behavioral health and community staff. Prior to that role she worked for New York City Health and Hospitals as a citywide family violence coordinator. Ms. Little co-founded Zero Overdose, a not for profit addressing unintentional overdoses nationwide. Dr. Little has been a member of the AIMS Center at the University of Washington and is currently on the National Council for Community Behavioral Health Care consulting teams. She is also a faculty member for the national and international Zero Suicide initiatives and has spoken on national suicide prevention strategies at the White House. Dr. Little has been recognized with awards from the Society for Social Work Leaders in HealthCare, National Association of Social Workers, Community Health Center Network of New York, New York Suicide Prevention Committee and others. She is a Doctor of Psychology and has a Master of Social Work. Additionally, she is a Certified Care Manager (CCM) and a recognized Substance Abuse Professional (SAP).



**Benjamin Miller, PsyD**  
*Chief Strategy Officer*  
Well Being Trust

Dr. Benjamin F. Miller is the Chief Strategy Officer for Well Being Trust, a national foundation committed to advancing the mental, social and spiritual health of the nation. He helps oversee the foundation's portfolio ensuring alignment across grantees, overall strategy and direction, and connection of the work to advance policy. Prior to joining Well Being Trust, Dr. Miller spent 8 years as an Associate Professor in the Department of Family Medicine at the University of Colorado School of Medicine where he was the founding Director of Eugene S. Farley, Jr. Health Policy Center. The Farley Center was created in 2014 to be a leader in conducting policy studies, relevant to health and health care challenges, disseminating evidence to those positioned to use it in their decision-making issues related to health policy for the University, and

to be a leader locally and nationally on a variety of topic areas. He remains a Senior Advisor to the Farley Center. Miller is currently an Adjunct Professor in the Department of Psychiatry and Behavioral Sciences in the Stanford School of Medicine Dr. Miller has been a principal investigator on several federal grants, foundation grants, and state contracts related to comprehensive primary care and mental health, behavioral health, and substance use integration. He led the Agency for Healthcare Research and Quality's Academy for Integrating Behavioral and Primary Care project as well as the lead investigator on the Sustaining Healthcare Across Integrated Primary Care Efforts (SHAPE) project. In addition, he was the lead author on the Robert Wood Johnson Foundation Culture of Whole Health report, which provided specific direction to advance mental health nationally.



**Chris Molaro, MBA**  
*CEO and Co-Founder*  
NeuroFlow

Chris Molaro is the CEO and co-founder of NeuroFlow, a digital health technology and analytics company promoting behavioral health access and engagement in all care settings. Chris is a former U.S. Army Captain from the US Military Academy at West Point and earned his MBA at The Wharton School at the University of Pennsylvania where he also spent time as digital health consultant at Mckinsey. Chris was also the founder of the literacy non-profit Things We Read.



**Diane Powers, MBA, MA**  
*Co-Director, AIMS Center*  
University of Washington School of Medicine

Diane Powers serves as Co-Director of the AIMS Center at the University of Washington's School of Medicine Department of Psychiatry & Behavioral Sciences. The AIMS Center is focused on researching and translating evidence-based approaches to behavioral health integration including Collaborative Care. Diane co-founded the AIMS Center with Jurgen Unutzer in 2004 and since that time the Center has led or participated in dozens of implementation and research projects throughout the US and internationally and has supported implementation of integrated care at hundreds of health clinics. Center faculty and staff have contributed extensively to the published literature describing evidence-based approaches to integrated care as well as policy and payment models supporting those approaches. Diane is trained as a behavioral

health provider and delivered mental health services before becoming involved in research and implementation. She received her bachelor's degree in Psychology from Gonzaga University, a master's degree in Psychology from Seattle University, and a master's degree in Business Administration from the University of Washington.



## Matthew Press, MD, MSc

*Physician Executive; Medical Director, Primary Care Service Line  
Penn Medicine*

Dr. Matthew Press is the Physician Executive of Penn Primary Care and the Medical Director of the Primary Care Service Line at Penn Medicine. In these roles, he helps lead clinical operations, practice transformation, and population health management across a network of 90 primary care practices in the University of Pennsylvania Health System. Dr. Press practices general internal medicine and is engaged in research in the areas of population health and payment reform. From 2018-2020, he served as Interim Chair of the Department of Family Medicine and Community Health in the Perelman School of Medicine. Prior to his positions with Penn Medicine, Dr. Press was a member of the senior leadership team at the Center for Medicare and Medicaid Innovation at CMS, where he helped develop and implement several new payment and care delivery models including ACOs, bundled payments, integrated mental health, and medical homes, as well as the Health Care Payment Learning and Action Network, a national public-private partnership dedicated to health care payment reform. His work has been published in the *New England Journal of Medicine*, *JAMA*, and *Health Affairs* and has been covered by *The New York Times* and the *Associated Press*. He received his MD from Brown University and completed his internal medicine residency and the RWJF Clinical Scholars Program at the University of Pennsylvania.



## Hyong Un, MD

*Chief Psychiatric Officer & Head of Product Innovation  
Aetna Behavioral Health*

Dr. Hyong Un is the Chief Psychiatric Officer and Head of Product Innovation for Aetna Behavioral Health. He graduated from the University of Pennsylvania's School of Medicine and completed his residency at the Hospital of the University of Pennsylvania. Prior to joining Aetna in 2001, he served as psychiatrist-in-chief at Friends Hospital, the nation's first private psychiatric hospital and as the executive Medical Director of Penn-Friends Behavioral Health System, a joint venture between the University of Pennsylvania Health System and Friends Hospital. Dr. Un's clinical interests are in neuropsychiatry, workplace mental health and determinants of overall health and wellbeing. Dr. Un has served on multiple boards including the advisory board to the Director of National Institute of Mental Health, APA's Center for Workplace Mental Health, the Association for Behavioral Health and Wellness, and the National Depression Center of Excellence.



## Wendy Warring, JD

*President and CEO*

NEHI

Wendy Warring, J.D. is President and CEO of NEHI where she is focused on strengthening NEHI's role in advancing innovative care models and technologies that improve access to effective health care, especially by lowering individuals' health care costs. Warring previously served as Senior Vice President of Network Development and Strategic Partnerships at Boston Children's Hospital. She was responsible for developing strategies and executing operational initiatives to strengthen relationships between Boston Children's and primary care physicians, hospital systems, and other providers locally, regionally, and nationally. She has also held positions as Executive Vice President & COO at Connecticut Children's Medical Center and EVP of UMass Memorial Health Care, both positions involving the implementation of strategies to

strengthen the organizations' ability to deliver accessible and affordable care. Warring has substantial experience in the public sector as well. She was the Massachusetts Commissioner of the Division of Medical Assistance where she directed the state's Medicaid program. She also served as General Counsel to the Massachusetts Housing Finance Administration, a quasi-public agency devoted to addressing low-and moderate-income housing needs. She was also a deputy legal counsel in the Governor's office, where she worked principally on mental health and human services issues. Warring received her J.D. from Yale University and her bachelors degree from Brown University.



## Mark Wenneker, MD, MPH

*Principal*

The Chartis Group

Mark B. Wenneker, MD, MPH, is a Principal with The Chartis Group. Dr. Wenneker has over 25 years of experience in healthcare as a practicing primary care physician, healthcare executive and consultant. He has held leadership positions at both an academic health system and a large regional managed care organization. In his consulting work, Dr. Wenneker focuses on supporting the design and implementation of physician-hospital/system alignment models and clinical service lines. He is Chartis' Behavioral Health Service Line Segment Lead in its Strategy Practice Area. Chartis has had the privilege of working with a number of leading academic health systems and large integrated delivery networks in the development and implementation of a range of behavioral health-specific strategies. Our consulting teams— led by Dr. Wenneker — work with

clients to design and implement innovative yet practical solutions to behavioral health care delivery and management issues. This includes developing new care models that incorporate an integrated delivery approach for primary care and specialty care, ED/crisis management, inpatient care, substance use disorder programs, rural health and population health management. Dr. Wenneker started his career as an academic general internist and health services researcher. Some of his early research focused on healthcare disparities utilizing large databases to assess the impact of race and insurance status on access to cardiovascular procedures. For ten years Dr. Wenneker was a member of an innovative clinical practice that cared for patients with severe physical disabilities including spinal cord injury. The practice was organized around a team-based model with general internists, nurse practitioners, clinical social workers, a psychiatrist and a psychologist as members of the team. Dr. Wenneker received his medical degree from Harvard Medical School and a Master of Public Health from the Harvard School of Public Health with a concentration in health services administration. Dr. Wenneker holds a Bachelor of Arts in history and science from Harvard College.

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