



Automating Prior Authorization Across Massachusetts: We can do this, together

Network for Excellence in Health Innovation & Massachusetts Health Data Consortium Wednesday, May 24 | 11:30am-1:00pm ET



Housekeeping



We are recording the meeting. The recording and slide deck will be made available on the NEHI and MHDC websites.

We have allotted 15 min at the end for Q & A. Please use the Zoom Q & A feature to submit your questions for the panelists.



Agenda



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Why Automation?



Automation Explanation



Panel 1: Automation Technology



Implementing Automation in Massachusetts



Panel 2: Stakeholder Reactions



Audience Q & A



Massachusetts Health Data Consortium

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MHDC's **vision** is a patient-centered health data economy that engages individuals to manage their health as they see fit.

MHDC's **mission** is to be a trusted facilitator of the health information and technology transformation required to achieve a person-centered health data economy. NEHI's **vision** is to be a trusted voice in shaping policies and activities that address unmet needs, drive better health outcomes, and provide equitable access to effective innovations.

Health Innovation

NEHI's **mission** is to solve complex problems and achieve value in health care by fostering interdisciplinary collaboration and innovation.







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Executive Director & CEO Massachusetts Health Data Consortium

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Executive Director

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Why Automation?

NEHI examined issues related to the PA process & prioritized solutions based on stakeholder consensus

Issues Considered

- Frequency with which PA is applied
- Variation among payers in services/pharmaceuticals subject to PA
- Variation in PA criteria
- Variation in documentation required by plans to satisfy medical necessity



Identified Solutions

Create incentives for full automation of PA

Embed care pathways/utilization management on a condition basis

Remove multiple and repeat PAs for a continuous course of treatment

Expand use of family/group codes

Share data that incentivizes collaborative change

Establish processes that require collaboration

Create economic incentives to reduce PA

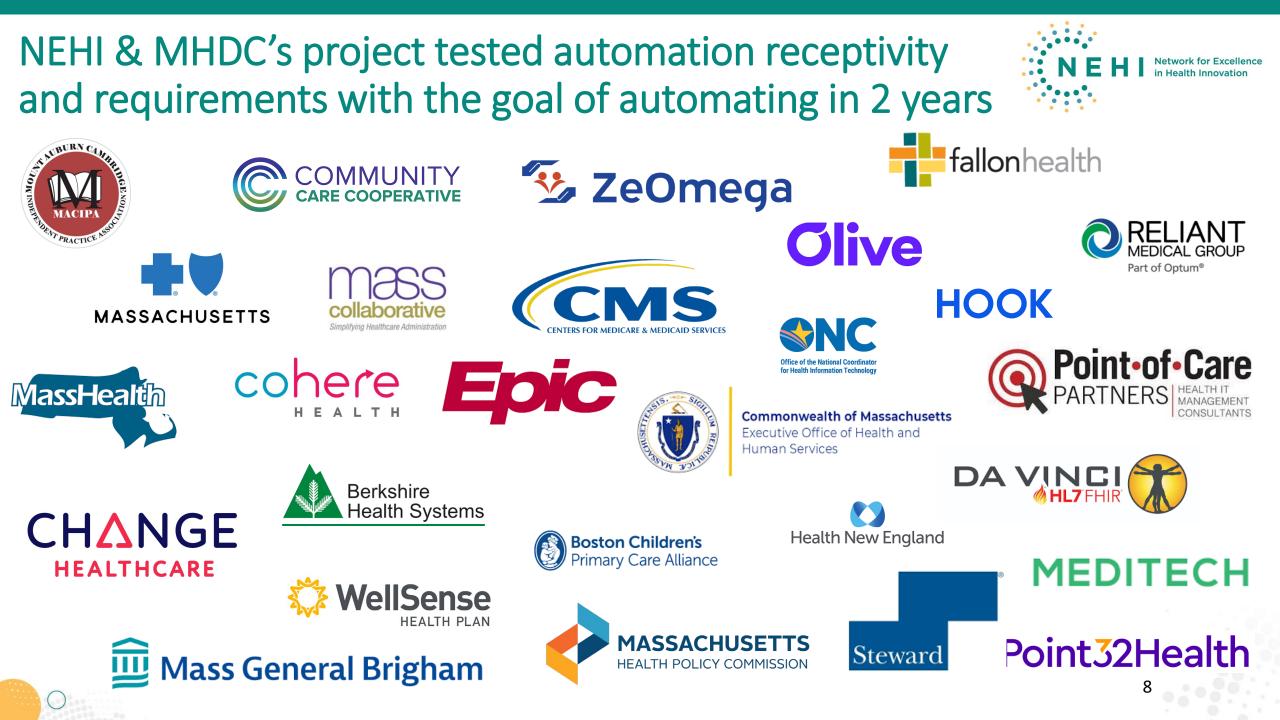
Remove PA for certain services with high rates of approval

Remove PA for certain physicians based on their performance (gold-carding)

Remove PAs for physicians in ACOs or risk-based arrangements

Substitute payer PA with use of clinical decision support tools





Primary project activities



01

Aligned stakeholders on end-to-end automation definition and workflow

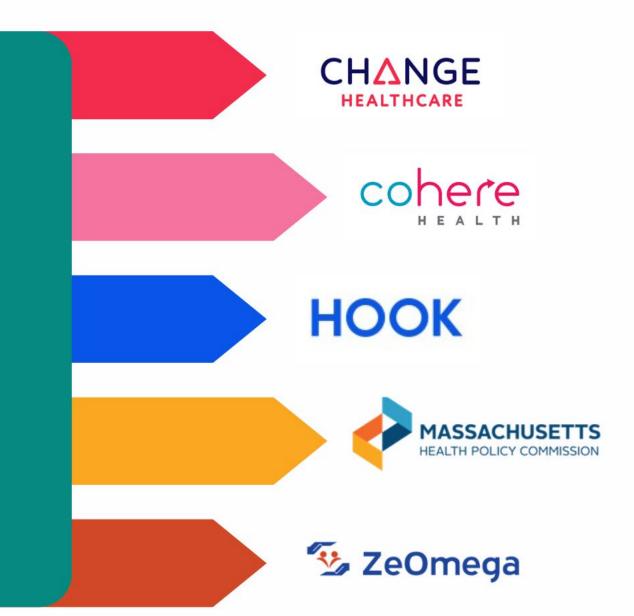


Assessed stakeholder implementation concerns and priorities 03

Shared draft recommendations with advisory group prior to finalizing



'Thank You' to our project sponsors





Defining Prior Authorization Automation



What is "automation" of prior authorization?

- Adoption of an end-end prior authorization request (i.e., request → response) completed electronically using a defined set of data exchange standards and technologies
 - Process exhibits little or no need for human intervention
 - The same data standards are used by the entire community
- Automation is not the same as digitization
 - The use of web portals or interactive voice responses is not "automation"

01

Provider decides on an order/ treatment/etc.

03

Payer gathers information for the prior authorization request from the Provider's EMR

05

Payer/Intermediary processes request & Payer sends decision

02

Prior authorization & coverage requirements automatically shared between Payer & Provider systems

04

Provider has the opportunity to review the data that was automatically pulled from the EMR

06

(Possible) Payer requests additional info/documents from Provider



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Simplified end-end automation workflow 01

Provider decides on an order/ treatment/etc.

03

Data needed to satisfy medical necessity criteria is pulled automatically from the EMR, eliminating the need for manual data entry in most cases

05

Decision is sent to the EMR in real time, reducing delays in patient care 02

Provider receives immediate response as to whether prior authorization is required or not

04

Documentation is submitted electronically, rather than via telephone or facsimile, saving both provider and payer time



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Benefits of an end-end automation workflow

Enabling automation



- Application Programming Interface (API): Connects apps via web-based standards
 - Example: Travelocity
 - In context: Provider's Clinical Decision Support (CDS) API connects to the payer's API service and pulls information and options based on the patient & request to determine whether PA is needed
- Fast Healthcare Interoperability Resource (FHIR): A framework of structured data definitions
 organized into 'resources' for APIs to use as stand-alone data exchanges or integrated with other
 web-based services
 - Defines data elements
 - Serves as the transport mechanism
 - In context: Provider can launch a SMART on FHIR App from the EMR that can automatically pull data satisfying the payer's medical necessity criteria and auto-populate the questionnaire





CMS is advancing interoperability & requiring PA process changes, including automation



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- Requires all impacted payers to implement and maintain a FHIR based*
 Prior Authorization Requirements,
 Documentation, and Decision (PARDD)
 API, a Provider Access API, changes to the Patient Access API, and Payer-to-Payer Data Exchange
- The proposed rule also includes calls for data reporting that would increase transparency and understanding of the efficiency and efficacy of the PA process and API usage

- <u>Proposed rule</u> (CMS-0057-P)
 - Released 12/6/22
 - Comment period closed 3/13/23
 - Effective 1/1/26 (2.5 years)
- Applies to:
 - Medicare Advantage (MA) organizations,
 - State Medicaid and CHIP FFS programs,
 - Medicaid managed care plans
 - CHIP managed care entities
 - QHP issuers on FFEs



The industry has been testing & refining automation of PA with increasing support



- Health Level 7 (HL7) is a standards developing organization for the exchange, integration, sharing, and retrieval of electronic health information
- Offers members and participating organizations opportunities to participate in workgroups, projects, & initiatives
- Several demonstration projects are live today using some variations of the standards



- The **Da Vinci Project** has developed implementation guides (IG's) for automating PA workflow specifically the CRD, DTR and PAS IG's
 - In continual development setting the baseline for automation methods
 - Not 'required' in the CMS Rule but **HIGHLY** recommended
- The Da Vinci Project is an HL7 FHIR accelerator project
 - Members include prominent payer, provider, and vendor organizations
 - Goal: to accelerate the adoption of FHIR standards across payers and providers



Panel 1: Automation Technology



Dave Delano (moderator) Senior Director MHDC

> **Executive Director** NEHEN

Kevin Carroll Chief Growth Officer Hook MD

Andrew Johnson VP of Growth and Innovation Change Healthcare

Niall O'Connor Chief Technology Officer Cohere Health

Mike Gould Associate VP, Interoperability Solutions ZeOmega



Implementation!

Start Now: Prior Authorization Automation Implementation Timeline

Mav 2023

TAAG (Phase 1) work is completed

Presentation of implementation strategy to HPC







Jul 2023 Task Force roster complete

HPC ePA review and recommendations complete

RFPs to ePA vendors issued

Payer and provider conformance criteria drafted



Oct 2023

Conformance criteria complete End-point directory drafted Technology inventory completed Task Force members confirmed Responses to RFPs reviewed and vendor partners selected Payer and provider participation

agreements drafted

Apr 2024

First tranch of CRD* prototyping completed

Second tranche of CRD prototyping starts

Second tranche of participation agreements signed Task Force meeting #2





Jul 2024 Second tranche of CRD prototyping completed

Third tranche of participation agreements signed

Third tranche of CRD prototyping starts

Participation Agreements, Funding Support and ePA Prototyping Complete

Oct 2024

Jan 2025

Final tranche of CRD

implementations complete

Second tranche of DTR/PAS

Reporting requirements, aligned

prototyping completed

Funding support in place

with CMS. completed

Third tranche of CRD* prototypes completed

First implementation of DTR/PAS** prototypes completed

Final tranche of participation agreements signed

conference room

Apr 2025

Third tranche of DTR/PAS prototyping (if necessary) complete

Site-specific transaction testing (Tranches 1, 2) starts

Initial reporting requirements complete

Oct 2025

Site-specific transaction testing (Tranches 3, 4) complete

Reporting testing complete

Site-specific production (Tranches 1,2) starts









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Jul 2025

Site-specific transaction testing (Tranches 1,2) complete

Site-specific transaction testing (Tranches 3, 4) starts

Reporting testing continues



Jan 2026

Site-specific production (Tranches 3, 4) starts

ePA production complete

CMS-aligned reporting complete

Site-Specific Transaction Testing Complete, Production and Reporting **Begins**

CRD: Coverage Requirements Discovery will assist providers in submitting unnecessary PA requests to payers.

Jan 2024

agreements signed

prototyping starts

End-point directory

Task Force meeting #1

completed

First tranche of CRD*

First tranche of participation

** DTR/PAS: Documentation Templates and Rules/Prior Authorization Support complete the automated exchange of documents and approval of requests.



Our project advisory group agreed upon the following:

- Massachusetts can and should take a leadership role in promoting the automation of prior authorization
- Implementation efforts should start now. Full compliance with federal directives will require at least the time allotted.
- The Da Vinci implementation guides are a strong base for an automation roadmap. There is no need to reinvent the wheel.
- Organization and coordination will improve implementation
- Providers and Payers will need technical and financial support in varying degrees.





Panel 2: Stakeholder Reactions

 Image: Second system
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 in Health Innovation
 Innovation

John Glaser, PhD (moderator) Executive in Residence Harvard Medical School

Barbara Spivak MD President & Internist Mount Auburn Cambridge IPA (MACIPA)

President Massachusetts Medical Society (MMS)

Liz Leahy, Esq Chief of Staff, Senior Vice President of Advocacy and Engagement Massachusetts Association of Health Plans (MAHP)



Questions & Answers



Thank You!

Please take a minute to complete the poll on your screen.